

Nuts and bolts:

Do you participate in The Match? If not, what is the best way for applicants to contact you?

YES!

Do you offer a one-year fellowship to prospective fellows who have already completed an ACGME-accredited internal medicine subspecialty?

YES! We are specifically a 1-year program focused on applicants who have IM subspecialty training. Applicants need to have completed a 3-year IM residency AND a 2 or 3-year IM subspecialty fellowship to be eligible for our program. We have a separate pulmonary & critical care 3 year fellowship at Yale.

What department houses your fellowship? Is cardiology represented in the program leadership?

Our fellowship is housed in the Section of Pulmonary, Critical Care and Sleep Medicine within the Department of Medicine at Yale. We work closely with our cardiology critical care colleagues, but leadership positions are held by Pulmonary-Critical Care faculty.

What is the typical training background of your CCM fellows (E.g. EM, anesthesia, IM, and IM subspecialties)? Have you trained cardiologists in the past?

Historically we have mostly had a mix of pulmonary, cardiology, and nephrology trained fellows. However, we have trained folks with GI and infectious disease backgrounds.

Are you OK if we publish your email and/or the program coordinator's email on the CCC Enthusiasts website (if so, what is your program coordinator's name and email address)?

Fellowship Program Coordinator

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ICU-specifics:

What does a typical year in your fellowship look like?

We follow ACGME requirements to have 6 months of medical ICU time (includes CCU block) and 3 months of non-medical ICU time (SICU, NICU, CT ICU). Our medical ICU time is divided between days (4 months) and nights (2 months). Days are done in 2 or 4 week blocks and nights are done in 2 week blocks (4 shifts per week Mon through Thurs night). We fill the remaining time with anesthesia, interventional pulm, burn unit and elective rotations.

What are the unique aspects of the ICU training at Yale?

Yale New Haven Hospital has 1500 beds including 57 (and more) medical ICU beds. Like most large medical centers, we also have dedicated CCU, CT ICU, SICU, NICU etc. We are a tertiary referral center, and our case mix is amazing. We have intensivists on site 24-7 and there is tremendous learning on all rotations. The CCM and PCCM fellowships are separate but collaborative programs which offers fellows a large peer group for support and near peer education.

What characteristics are you looking for when selecting fellows?

We are looking for excited, hard-working, curious fellows who will thrive in a busy environment that provides a lot of autonomy. Other than the very first rotations, it is our intention that our CCM fellows are running rounds and are largely in charge of the MICU team. Our fellows are PGY6 and 7s with substantial clinical experience, and we seek to add to rather than repeat prior training. As such, fellows who can express areas of strength and weakness have the most valuable training experiences.

What dedicated conferences are fellows encouraged to attend or present at?

Fellows attend grand rounds weekly. In addition they attend twice weekly fellow conferences that rotate among case conference, journal club, M&M, POCUS review, and didactic structures. Fellows present 1-2 times weekly for the MICU teams, usually in a case-based format. This presentation is mentored by MICU faculty.

Fellows also attend a national conference annually. This is typically SCCM (Society for Critical Care Medicine), but with advanced notice this can be changed to another appropriate conference.

Cardiology-specific training:

Are there any cardiac critical care-directed rotations in your fellowship (for example, V-A ECMO, CTICU, or cardiac anesthesia rotations)? Can you describe the balance between medical and surgical cardiac critical care exposure?

Our fellows rotate both in our CCU and CT ICU. ECMO at Yale is done in the CT ICU. Additional rotations can be arranged as part of each fellow's elective time.

Do fellows participate in the management of patients on advanced mechanical support devices?

Yes, during the CCU rotation.

Wellness:

How does your program support fellows' job search during a busy clinical year?

We meet early and often about "the job search." Fellows should essentially start looking in late summer / early fall of their CCM year. We have a robust jeopardy system to allow fellows to attend interviews.

There can be a tension between ample ICU exposure and wellness. What does your program do to promote wellness?

We have no extended shift, home call or overnight call for our fellows. Fellows are assigned either to day or nights but never to both. During daytime blocks in our medical ICUs our fellows average 50 – 55 hours per week (based on historical duty hours tracking). During nighttime blocks our fellows conduct four twelve hour overnight shifts per week for two weeks in a row. As noted above, we have a jeopardy system for sick calls, emergencies, medical appointments and career needs. We have a robust institutional GME wellness program that includes a wide range of wellness services and benefits (<https://www.ynhh.org/medical-professionals/gme>).

For more information, please visit our website!

<https://medicine.yale.edu/internal-medicine/pulmonary/education/critical-care/>